

Israel Senior News

News and Issues affecting Israel's Seniors

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Dear Readers,

This issue of Israel Senior Life will be a little different, as Ezrat Avot is focusing its attention on launching the first ever [Jewish Seniors Day](#) on February 28th, in honor of Israel's 60th Anniversary.

Former Prime Minister Benyamin Netanyahu will be celebrating this new day, at a gala evening with Ezrat Avot in New York (I have included an invitation below, [to reserve seats, click here](#)).

We encourage everyone to make their voice heard by posting a message to be seen at the event, order a web greeting for the whole world to see, or send someone a hand-written greeting card. There are plenty of activities, for more information visit our website <http://www.ezratavot.org> .

Our office is busy recruiting organizations around the world to partner with us on Jewish Seniors Day by running an event or activity that shows the community's respect for and pride in our seniors.

Please get involved by spreading the word about Jewish Seniors Day and let us know what events are being planned in your community so that we can help to publicize them.

Next month we will be returning to our regular format, so please keep sending in your articles and poetry!

Happy Jewish Seniors Day!

Tamar Wisemon
Editor - Israel Senior Life
Ezrat Avot



In honor of
Israel's 60th anniversary
Ezrat Avot invites you to celebrate

Jewish Seniors Day

Keynote Speaker: **Benyamin Netanyahu**
Former Prime Minister of the State of Israel

Thursday, February 28, 2008
Buffet Reception (Mehadrin): 5:45 pm
Evening commences: 6:30 pm
Lincoln Square Synagogue
200 Amsterdam Ave, New York City

Price-winning photographs from Ezrat Avot's "Israel 60's" National Student Photography Contest will be on display at the reception.

RSVP - Reserve your seats online at www.ezratavot.org or
info@ezratavot.org or call (646) 419-4543

A journal honoring our Jewish seniors will be published for the event.
To learn how you can honor a Jewish senior in your life on Jewish Seniors' Day,
visit www.ezratavot.org



For over thirty years, Ezrat Avot has provided services, resources and education that will enable Israel's elderly to age in the comfort and dignity of their own homes and communities. In Jerusalem and beyond, our free programs include:

- Daily senior classes, activities and trips
- Special dietary meals-on-wheels
- Intergenerational education and volunteerism
- Elder-abuse awareness

Ezrat Avot - Caring Through the Generations www.ezratavot.org

Jewish Seniors Day honors the Jewish older adults in our lives and enhances awareness of how invigorating life can be as we grow older.

This is a day to go visit grandparents, go to a local senior residential facility, or raise money and awareness for Jewish senior programs. All ages can participate in, whether by making cards for grandparents in Kindergarten, or hosting a "senior" prom with Hillel and a local senior center.

Ideas for Community Events

- Create an oral history project. The seniors in our lives have experienced many important events in history, and it is important to hear what it was like firsthand.
- Just go over to where the senior lives and say hello
- Sadly, many people in senior facilities don't get many visitors. Just plan a trip, and say hello.
- Hold a special Kiddush honoring the older adults in your community
- Have a speaker to talk about something relating to older adults or older adults talk about their life experiences
- Discount for Seniors on that day
- Make cards and hand them out at a senior center or to seniors that you know. This can be done with any age group, especially good for younger children.
- Have a bring your grandparent to class day (elementary, middle or high school)
- In school have a special day that students are able to bring in a senior who is close to them, or work with a local senior center and have the residence visit the school and sit in on class. Maybe even having a special project for them to work on and learn about together.
- A gala dinner honoring the seniors in the community
- Youth and seniors debates in schools and community centers;

Ezrat Avot's Annual Intergenerational Tu B'shvat Seder in Jerusalem

Last month, Ezrat Avot and Nefesh B'Nefesh held a very successful model Tu B'shvat Seder at the Israel Center in Jerusalem.



A special thank you to our winter intern, Eryn London, for organizing such a splendid event!

We hope that this e-zine will give you a window onto life for seniors in Israel today.

Every month we will send you the latest news, together with profiles of veteran Israelis, reviews, articles and poetry written by or about seniors.

To subscribe, [click here](#) 

To submit your article or request Writers' Guidelines - email: info@ezratavot.org

Israel Senior Life is a publication of Ezrat Avot

Click here to visit our website at www.ezratavot.org

We welcome comments and submissions to info@ezratavot.org

Ezrat Avot is a non-profit organization that provides services, resources and education to enable Israel's elderly to age in the comfort and dignity of their own homes and communities.

[To support our activities, click here](#)

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